**Identifying Data:**

Full Name: M.M.

Sex: Female

DOB: XX/XX/1990

Race/Nationality: 31

Primary Language: Spanish

Address: Brooklyn, NY

Date & Time: 2:30PM 05/25/22

Location: Woodhull

Source of Information: Self & Medical records

Reliability: reliable

Source of Referral: N/A

**Chief Complaint:** Vaginal bleeding in pregnancy

**HPI:**

31 y/o G1P1 female at 16 week GA presents to the ER with c/o vaginal bleeding x3 days after being punched in the abdomen. Pt states she got in an altercation with a friend. LMP 2/1/2022. Denies intimate partner violence. Denies abdominal pain, CP, SOB, N/V/D, fever/chills, dizziness, or weakness.

**Past Medical History:**

* No reported PMHx

*Immunizations*

* Pt states they are unsure if they are up-to-date, admits to receiving all childhood vaccinations
* SARS-CoV-2 (Pfizer 3 doses)
* Did not receive influenza vaccine

**Past Surgical History:**

* No prior surgical history

**Current Medications:**

* No current prescription or OTC medications
* Not taking prenatal vitamins

**Allergies:**

* NKDA, environmental or food allergies

**Family History:**

* unknown

**Social History:**

* Habits – No alcohol use in pregnancy. No history of smoking. No reported illicit drug use
* Travel – Denies recent travel
* Occupation – unemployed
* Marital History – single
* Diet – No dietary restrictions
* Sleep – unknown
* Exercise – not exercising regularly
* Sexual History – one male sexual partner in last year. Denies Hx of STIs

**Review of Systems:**

* General
  + Denies generalized weakness, fatigue, weight loss, loss of appetite**,** fever/chills/night sweats
* Skin, hair, nails
  + Denies rash, pruritis
* HEENT
  + Denies headache or dizziness. Denies visual disturbances or photophobia.
* Pulmonary System
  + Denies cough, shortness of breath, wheezing, hemoptysis
* Cardiovascular System
  + Denies chest pain, known murmur, palpitations, irregular heartbeat, or syncope
* Gastrointestinal System
  + Denies N/V/D, abdominal pain
* Genitourinary System
  + **Admits to vaginal bleeding in pregnancy**
  + Denies incontinence, changes in frequency, nocturia, oliguria, polyuria, abnormal color of urine, flank plain, or dysuria
  + Sexual History – refer to Social Hx
* Nervous System
  + Denies headache, loss of consciousness, & ataxia

**PHYSICAL EXAM**

Vital Signs:

BP: 124/76mmHg Pulse: 86 RR: 16 Temp: 98.6F SPO2: 100%

Height: 5’1 inches Weight: 132 lbs BMI: 24.9 kg/m2

General Appearance: Alert & Oriented x3. No acute distress. Not diaphoretic. Appears reported age and well groomed. Obese body habitus.

Head: normocephalic, atraumatic.

Eyes: PERRLA. No strabismus/exophthalmos. Sclera white, cornea clear, conjunctiva pink. No erythema of lacrimal sack.

Ear: Appropriate in size. No lesions/masses/trauma visualized on external ear.

Nose: Symmetrical, no external masses/lesions/deformities/trauma/discharge.

Mouth & Throat: Lips Pink and moist. No cyanosis, lesions, or ulcerations. Oral Mucosa Pink &Moist. No masses/lesions noted. No leukoplakia. Tongue pink, well papillated. Frenulum intact. Oropharynx Hydrated, no exudate/masses/lesions/erythema/postnasal drip/foreign bodies noted. Grade 1 tonsils. Uvula pink, midline with no lesions or edema.

Neck: Trachea midline. No lesions/pulsations noted. No stridor noted. No cervical adenopathy. No carotid pulses/thrills/bruits heard on auscultation.

Cardiovascular: PMI located at the 5th ICS in midclavicular line. Carotid pulses are 2+ bilaterally without bruits. RRR. No murmurs. Normal S1 & S2. No splitting of S2 or friction rubs appreciated.

Pulmonary: Chest symmetrical with no deformities or trauma. Lat/AP diameter 2:1. Normal chest expansion and diaphragmatic excursion. No adventitious sounds

Abdomen: Gravid uterus, uterus size equal to dates. Abdomen symmetric**.** No scars, striae, or pulsations noted. Bowel sounds are normoactive in all 4 quadrants. No aortic/renal/iliac/femoral bruits heard. No CVA tenderness

Skin: Warm and moist. Non-icteric. No tattoos noted. No visible moles.

Hair: Average quantity, quality, and distribution. No seborrhea/lice/dandruff noted

Nails: Capillary refill <2 seconds in bilateral upper and left lower extremities. Appropriate color, shape, and thickness.

Musculoskeletal: No erythema / ecchymosis / atrophy or deformities in bilateral upper and lower extremities.

Peripheral Vascular: Warm to touch bilaterally. 2+ pulses throughout. No edema or ulcerations. Calves equal in circumference. No palpable cords bilaterally. No palpable epitrochlear adenopathy.

Neurological: A&O x 3.Able to follow commands.

Genitourinary: normally developed genitalia with no external lesions or eruptions. Vagina and cervix without lesions, inflammation, discharge, or tenderness. Cervical os closed. No CMT. No blood visualized in the vaginal vault.

**Labs:**

Urine pregnancy: positive

UA: no nitrites or leukocyte esterase. pH 5.7, yellow appearance. Negative for occult blood

**POCUS:**

-Intrauterine pregnancy visualized. Fetal heart rate 160bpm. No free fluid visualized around uterus or ovaries.

**Assessment:**

31 y/o G1P1 female estimated 16wk GA presents for vaginal bleeding x3 days after blunt trauma to the abdomen.

**Plan:**

-Discharge home with instructions to return if vaginal bleeding reoccurs.

-Advised to f/u at WWH clinic to establish prenatal care