**Identifying Data:**

Full Name: L.C.

Sex: Female

DOB: XX/XX/2021

Race/Nationality: Hispanic

Primary Language: Spanish

Address: Queens, NY

Date & Time: 06:00PM 04/22/22

Location: Queens Hospital Center

Source of Information: Mother

Reliability: reliable

Source of Referral: N/A

**Chief Complaint:** rash all over body

**HPI:**

6 month old female brought in by mother with complaints of rash and intermittent fever x5 days. The rash started as a few lesions on the forehead and has since spread to the entire body worsening since last night. The infant first had a fever of 100.4F four days prior and then a fever of 102.2F last night. Admits to mild cough and rhinorrhea x2 days. The mother’s roommate was diagnosed with a varicella infection 6 days prior. The infant’s Pediatrician saw her on Monday and sent for varicella titers which are currently pending. She is feeding less than normal but still feeding formula every 2 hours, has had approximately 10 wet diapers in the past 24 hours.

**Past Medical History:**

* Normal spontaneous vaginal delivery at 40 weeks gestation

*Immunizations*

* Up-to-date on immunization schedule
	+ Hepatitis B 2nd dose
	+ Rotavirus 2nd dose
	+ DTap 2nd dose
	+ H. Influenza 2nd dose
	+ Pneumococcal PCV13 2nd dose
	+ Polio IPV 2nd dose

**Past Surgical History:**

* No reported PSHx

**Prior Hospitalizations:**

* No prior hospitalizations

**Current Medications:**

* No reported prescription or OTC medications

**Allergies:**

* NKDA or environmental/food allergies

**Family History:**

* Mother – living & healthy. Up-to-date varicella vaccination.
* Father – living & healthy
* Grandmother – unknown
* Grandfather – unknown
* Siblings – unknown

**Development:**

* Gross & fine motor: Is able to sit up, roll over, reach, grab, raking grasps
* Cognitive: Can self-calm, turns towards sounds
* Communication: Babbles, smiles

**Nutrition:**

* Formula fed. Normally takes 8 ounces, taking 5 ounces last 5 days.
* Has not tried solid foods yet
* No known allergies or intolerance to formulas

**Social History:**

* No smokers in the home
* No postpartum depression in mother
* No major social stressors at home
* Daytime child care is with mother
* No TB risk factors

**Review of Systems:**

* General
	+ **Admits to decreased appetite, fever**
	+ Denies generalized weakness, weight loss
* Skin, hair, nails
	+ **Admits to rash and pruritis**
	+ Denies Excessive sweating, pigmentations, moles, change in hair distribution.
* HEENT:
	+ Denies tugging on ears, ear discharge, eye discharge, epistaxis, congestion, bleeding gums, sores in mouth, or voice changes.
* Cardiovascular/Pulmonary System
	+ Denies wheezing, cough, hemoptysis, cyanosis, syncope
* Gastrointestinal System
	+ Denies intolerance to specific formulas, vomiting, constipation, diarrhea, increased flatulence or pyrosis, jaundice, changes in bowel habits, rectal bleeding/blood in stool.
* Genitourinary System
	+ Denies blood in urine, oliguria,
* Nervous System
	+ Denies loss of strength, change in alertness, seizures, loss of consciousness
* Musculoskeletal System
	+ Denies deformity, swelling, redness

**PHYSICAL EXAM**

Vital Signs:

BP: not taken RR: 30 breaths/min Pulse: 148 bpm

T: 103.7.F (rectal) SpO2: 98% on room air

Length: 26.5 inches inches Weight: 17 lbs 6.4 oz Percentile: 76.6%

General Appearance: No acute distress. Not diaphoretic.

Head: normocephalic, atraumatic.

Eyes: No ptosis or miosis. PERRLA. No strabismus/exophthalmos. Sclera white, cornea clear, conjunctiva pink. No erythema of lacrimal sack.

Ear: Appropriate in size. No lesions/masses/trauma visualized on external ear. TM membranes intact without bulging or erythema.

Nose: **Rhinorrhea.** Symmetrical, no external masses/lesions/deformities/trauma/discharge.

Mouth & Throat:

Lips: Pink and moist. No cyanosis, lesions, or ulcerations

Oral Mucosa: Pink &Moist. No masses/lesions noted. No leukoplakia.

Palate: Pink. No visible lesions/masses/scars.

Teeth: Two lower teeth erupted on mandibular

Gingivae: No hypertrophy or recession.

Tongue: Pink, well papillated. Frenulum intact. Appropriate shape/size. No masses/lesions/deviation.

Oropharynx: Hydrated, no exudate/masses/lesions/erythema/postnasal drip/foreign bodies noted. Grade 2 tonsils. Uvula pink, midline with no lesions or edema.

Neck: No palpable goiter.Trachea midline. No lesions/pulsations noted. No stridor noted. No cervical adenopathy. No carotid pulses/thrills/bruits heard on auscultation.

Cardiovascular: RRR. No murmurs. Normal S1 & S2. No splitting of S2 or friction rubs appreciated.

Abdominal: Abdomen flat and soft. Normoactive bowl sounds in all four quadrants. No rigidity/guarding. Liver and spleen WNL. No aortic bruits. No abdominal tenderness.

Pulmonary: Chest symmetrical with no deformities or trauma. Lat/AP diameter 2:1. Normal chest expansion and diaphragmatic excursion. No adventitious breath sounds.

Skin: **Generalized skin rash of face and whole body at different stages with papules, vesicles, pustules, and several crusted papules.** **Increased warmth.** Moist**.** Non-icteric. No visible moles.

Hair: Average quality, quantity, & distribution. No seborrhea/lice/dandruff noted

Nails: Capillary refill <2 seconds in bilateral upper and left lower extremities. Appropriate color, shape, and thickness.

Musculoskeletal: No erythema / ecchymosis / atrophy or deformities in bilateral upper and lower extremities.

Peripheral Vascular: Warm to touch bilaterally. Radial pulse 2+ b/l. No edema or ulcerations.

Genitourinary: Genitalia intact and appropriate development for age. See skin exam for further details.

Neuro: No FND. Primitive reflexes: sucking reflex intact

**Assessment:**

6 m.o. female with fever and rash consistent with chicken pox. No signs of complications.

**Differential Diagnosis:**

1. Varicella – need to r/o complications such as PNA
2. Bullous pemphigoid
3. Drug eruption
4. Erythema multiforme
5. Impetigo
6. Insect bites
7. Smallpox

**Plan:**

* + #Varicella (Chickenpox)
		- Tylenol – Repeat vitals q1h to see if fever is reduced
		- CXR – R/O pneumonia complication
			* Impression: No acute findings
		- Genmark Viral Panel
			* Finding: Coronavirus detected